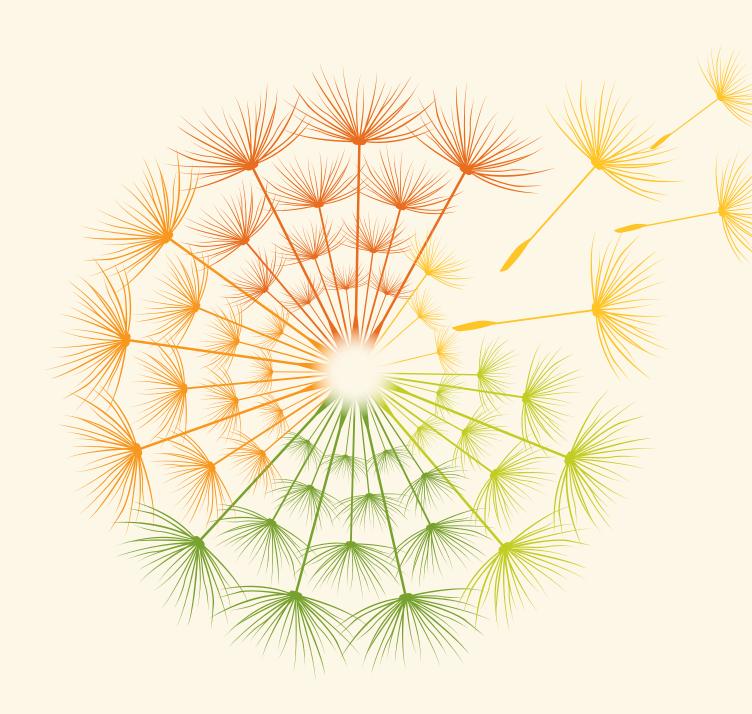
# Annual Report 2020/2021



#### **OUR MISSION**

We advance the rights, interests and futures of Australians as we age.

#### **OUR VISION**

Ageing in Australia is a time of possibility, opportunity and influence.



COTA Tasmania acknowledges with deep respect the resilience and knowledge of the Tasmanian Aboriginal community, the traditional custodians of lutruwita, Tasmania.

We value the wisdom of Aboriginal elders past and present and the role they play in continuing to care for Country.

# Contents

About COTA2
Strategic Plan 2020-20253
Our people4
Sue Leitch, Chief Executive Officer4
John Pauley, President6
David Strong, Treasurer8
Board of Directors9
Staff
Volunteers 10
Events and highlights11
Seniors Week 2020 12
World Elder Abuse Awareness Day (WEAAD) 2021 14
Piecing it Together Glenorchy 16

Programs and projects1	7
· 5 · · · · · · · · · · · · · · · · · ·	
Policy, Consultation and Advocacy1	17
Aged Care System Navigator Trial1	8
Active Ageing1	9
End of Life Planning2	0
COVID Community Support Project2	21
Commonwealth Home Support Program — Sector Support Project2	2
COTA Learning2	23
Elder Abuse Prevention2	4
Staying Strong2	5
Living Longer Living Stronger2	5
Peer Education2	6
IT Information Sessions2	27
Seniors Week2	8
State of the Older Nation 30	0

Financial statements 2020-21......32



# **About COTA**

#### Our values

- Respect
- Diversity
- Collaboration
- Integrity



#### Who we are

COTA (Council on the Ageing) Tasmania is a small, not-for-profit organisation made up of a team of staff and volunteers who are passionate about advancing the rights and interests of Tasmanians as they age, particularly those aged over 50 years.

As the peak body representing older Tasmanians, we stand beside our community, listen to their concerns and work to ensure that their rights are upheld. We promote a positive view of ageing and challenge age stereotypes, foster inclusion and participation, and support independence and choice.

COTA Tasmania is part of the COTA Federation that is represented in every Australian state and territory and at a federal level through COTA Australia.

# COTA Tasmania gratefully acknowledges funding support from:



















#### What we do

#### **Advocacy**

For all older Tasmanians, particularly the vulnerable and disadvantaged.

#### **Education**

Our volunteer peer educators deliver free information sessions across the state, including remote and rural areas, and offer one on one digital mentoring.

#### Aged care navigation

A free, friendly and independent service to help you to understand and navigate the aged care system.

#### **Policy**

Contributing to discussions at the highest level of government both locally and nationally.

#### Consultation

Seeking out and listening to the concerns of older Tasmanians from diverse backgrounds.

#### **Events**

Delivering Seniors Week, World Elder Abuse Awareness Day, and year-round workshops and events that benefit older Tasmanians.

# Strategic Plan 2020-2025

# Strategic goals

- 1 We are well known and valued.
- We connect with, listen to and learn from our community.
- **3** We are effective and enduring in all we do.
- 4 We attract, value and retain passionate people

# Priority areas

- Making ageism a thing of the past.
- Positive reform in aged care.
- Claiming a space for mature age workers in the workforce.
- Increasing online access for older people.
- Prevention of elder abuse.

For further information about our strategic plan please see our website **www.cotatas.org.au**.



# Our people



# Sue Leitch, Chief Executive Officer

Expect the unexpected.

Our new normal is to expect the unexpected. COTA Tasmania as an organisation has once again stepped up to the mark with lots of hard work and extra effort in extraordinary times.

We have continued to respond to the everchanging experience that the COVID-19 pandemic has brought to Australia and in particular older Tasmanians. This has dominated our work for the last financial year and yet the policy issues for older people remain the same, brought into sharper focus by the conditions we see living with COVID-19. Our normal cycles of responding to government policy and submissions were condensed and shifted to different schedules. Our work was always focussed on our values of respect, diversity, collaboration, and integrity. Without collaboration we would not have been able to respond to the COVID-19 crisis and continue with our normal work and we want to thank our partners over this time. You are many and varied but we deeply value your support.

66

Our Board has continued to tackle the work needed to ensure we can respond well to our community and have strong governance in place."

Our Board has continued to tackle the work needed to ensure we can respond well to our community and have strong governance in place. There has been ongoing work towards a new constitution, and we have been reviewing how we work to make sure this matches contemporary practice; this work will continue into the next financial year.

We began the financial year with a slow return to the office, ensuring we could operate in a safe environment. Our work continued with a mix of offsite and in office to meet our operational obligations — but keeping our team and volunteers safe.

The big policy issues that arose from COVID-19 included:

- visitor access to residential aged care facilities
- outbreak preparation in residential aged care and the community
- income replacement and job stimulus that targeted younger workers over older workers
- mental health, isolation, and the need for connection to community
- QR check in technology and broader digital inclusion issues
- travel voucher access for older people not digitally connected
- vaccine rollout priorities and emerging issues regarding vaccination types.

Ongoing policy issues that we advocated for or were asked to comment on included:

- housing
- aged care reforms including the release of the Royal Commission into Aged Care Safety and Quality
- Home Care Package waitlists
- Voluntary Assisted Dying (End of Life Choices) Bill
- Liveable communities
- elder abuse
- and the work involved for a peak body for a State Election in May 2021.

An exciting new development for COTA Tasmania was the launch of COTA Learning from which all the COTA's will be able to deliver training for all those keen to learn more about ageing in Australia. The first modules will be to deliver strength training units for health and fitness professionals. Thanks to Luke Summers for his unique skills matrix that has combined with other people across the COTA Federation to deliver this learning platform.

A highlight for the end of the year was the work that went into brightening a space in the Glenorchy shopping area by the PiT crew with yet another successful intergenerational Piecing it Together project with Cosgrove High School and the Glenorchy City Council. It showed us so much about the importance of shared endeavour and learning, and the value of connections. Thanks Brigid and the PiT Crew.

At our AGM we farewelled our past President Philippa Roberts and welcomed to the role John Pauley with Lisa Free as Vice President. John had to take an extended leave of absence due to an accident, but he was ably supported by Lisa who stepped up to the role of Acting President in early March. We welcomed two new Directors Carl Cooper and Debra Thurley in February who have been great additions to the board. Although technically in the next reporting period I would also like to acknowledge Kate Hiscock's important contribution to the Board, she resigned shortly into the new financial year. This year we farewelled Ros Herbert to a career in teaching and Alison Smith who retired at the end of the year. This meant we could welcome Brigid Wilkinson a past Board member to the team, and we valued support from Alex Mummery to do some additional policy work for us during some busy periods. We also expanded into the north west of the state, welcoming Heather Ross to the team and opening an additional office in Burnie in August.

From my heart, I thank all the team and the Board, (incoming and outgoing) and other volunteers in what has been another uncertain but very busy year.



My time on the Board of COTA Tasmania comes to an end in November, and it has been a privilege to be President during the past year. While there were expectations that in 2021 we would leave the COVID-19 pandemic behind us, we find ourselves still mired in the uncertainty it brings. As an organisation COTA Tasmania has adapted very well to the difficulties that the pandemic has created and the way our small team has continued to work demonstrates their commitment to advocating on behalf of older Tasmanians and working tirelessly to make ageism a thing of the past.

It was pleasing to see a significant presence at our regional Walks Against Elder Abuse which highlight the entrenched ageism in our society and the risks of physical, emotional and financial abuse faced by older people.

Our volunteers have continued to provide important support to communities across Tasmania through programs aimed at improving digital literacy and information sessions on key topics. Our partnership with Legal Aid Tasmania has enabled the continuation of legal aid clinics in Hobart and now also in Launceston.

Personally, 2021 has been a difficult year as I suffered a severe spinal injury in February which impacted on my ability to carry out the functions of President throughout the year. I must, however, pay special thanks to Lisa Free for stepping into the role at very short notice and to the rest of the Board for the support they provided Lisa.

Over the past year COTA Tasmania has continued to improve its profile as a well-respected advocate for older Tasmanians. Increasingly our CEO Sue Leitch is being requested to provide comment and input on issues affecting older Tasmanians and our submissions continue to get a good hearing from Government. Even though the COVID-19 pandemic continues to constrain our activities within the community directly, Seniors Week continues to be a flagship event for COTA Tasmania with activities held across Tasmania especially in regional and rural communities.

At a Board level I hope we can extend our Board representation to include Tasmanian Aboriginals in the near future as part of our focus on improving the Board's diversity. The development of a Reconciliation Action Plan is a step along this pathway. I have found the diversity of the current Board extremely valuable to its functioning with a wide spread of views and lived experiences available as the Board addresses issues before it. Expanding its diversity will only improve this outcome.

In the six years I have been active with COTA Tasmania we have experienced periods of difficult decisions and also periods where significant steps forward have been achieved. Our annual budget has doubled over this period and during 2021/22 expenditure of over \$1.5 million is budgeted.

"

During the year we have reviewed our Constitution from the ground up to ensure we are able to operate in a contemporary manner including increased use of video conferencing and other electronic forms of communication. This means that the Board will be better able to engage with regional communities and regional representation on the Board will no longer be constrained as it has been in the past.

In line with a more contemporary Constitution, the Board is also updating its operational policies to ensure they reflect current organisational requirements and the changed Constitution.

We have been successful in receiving funding for two important programs during 2020/21 to support the continued provision of our Aged Care Navigators as aged care itself undergoes significant change following the Royal Commission. We have also been funded to deliver an improved and expanded range of services to older Tasmanians through our Living Longer Living Stronger program under the Staying Strong project initiative (funded by Healthy Tasmania) which seeks to ensure older Tasmanians improve their social engagement and build strength and balance.

The Board has also been working hard to develop a strategic communications framework for COTA Tasmania which will further strengthen recognition of the work COTA Tasmania undertakes on behalf of all older Tasmanians.

As an organisation COTA Tasmania has adapted very well to the difficulties that the pandemic has created and the way our small team has continued to work demonstrates their commitment to advocating on behalf of older Tasmanians and working tirelessly to make ageism a thing of the past."

Often our work goes unnoticed within the broader community, but over the last six years our impact has improved with many of the proposals we have put to government being incorporated into policy and programs. Not the least of these is the passage of legislation supporting end of life choices in Tasmania and support being provided to advanced care directives and changes to guardianship and administration.

The pandemic continues to be a significant risk for COTA Tasmania and the increasingly widespread availability of vaccination presents its own issues for older Tasmanians and the organisation. The signs from Governments across Australia are that as the level of vaccination increases in the community we will see a return to more normal living during 2022. I am sure this will be welcomed by all, especially those, who like me, have been effectively quarantined from visiting their children and family living interstate.

I would like to thank the COTA team, both staff and volunteers, for the support they have provided me personally and the Board over the past 12 months and I wish everyone in our broad COTA family the best into the future.



This year has been a full year where COVID-19 has impacted people and the economy, thankfully less so in Tasmania in terms of mobility and restrictions. Like all organisations we have been monitoring the impacts of COVID-19 to ensure we could adjust to any impacts quickly. Like last year the results of the hard work of our team have meant essentially no impacts on our financial status. We have benefited from additional Government funding while securing additional grants funding for services and projects. In addition, we have spent more project funds this year when compared to last year as the return to some normality has meant we have been able to be more active in delivering services again.

We achieved a 'net surplus for the year' of \$68,429 compared to \$29,781 last year. Significantly, our revenue increased by \$263,259 to \$1,598,305 from \$1,335,046 last year with a corresponding expenditure increase of \$224,612 to \$1,529,877 this year compared to \$1,305,265 last year.

Most of the revenue increase came from additional grants funding of \$177,627 plus the COVID-19 relief funding (\$88,379) plus an increase in Sponsorship funding (\$12,000). The additional grants funding came from COTA Australia (\$144,174) and the Department of Communities Tasmania (\$209,675).

Most of the expenditure increase came from employee entitlements (salaries, superannuation and leave entitlements) of \$72,485 due to more staffing and staff being unable to take leave as previously planned due to COVID-19 restrictions. There was increased expenditure on most items as normality returned but major increases were on consultants (\$53,658), computer (\$24,335), minor equipment (\$11,252), training (\$9,010), volunteer expenses (\$8,624), insurance (\$4,111) and health & safety (\$5,318) offset by a decreased spend on management fees (\$8,907) and travel (\$4,761).

Our total equity increased to \$204,151 as at 30 June 2021 from \$135,722 last year, an increase of 50%. 'Total Current Assets' decreased marginally (9%) to \$534,635 from \$585,291 but there were changes in where the assets were being held. Cash at Bank increased by \$6,849 (23%) while there were decreases in Receivables of \$50,000 (73%) and Term Deposits of \$24,091 (5%). Non-Current Assets increased by \$26,752 as a new motor vehicle was purchased during the year. Total Liabilities increased from \$398,123 to \$490,456, an increase of \$92,332 (19%). The increase is due to an increase in the Provision of Employee Entitlements (\$23,540) and Payroll liabilities (\$6,607) and tax liabilities (\$3,266) offset by a decrease in funds being held for incomplete projects (\$125,745). The increase in employee entitlements is due to annual accumulations of long service plus staff being unable to take leave due to COVID-19 restrictions.

Again, as reported last year COVID-19 has had an impact on us both positively with additional funding and less spend due to reduced opportunities, and negatively with respect to increased employee entitlements plus the inability for staff to take well earnt leave. The impacts of COVID-19 will again flow into next financial year until restrictions are lifted. At the time of this report, we are expecting to spend our carried over project funds and staff can take leave. As per last year there may be additional expenditure required for resourcing to deliver our project obligations that have been delayed alongside other projects next year. However, we are well situated financially to deal with those financial impacts on the back of recent budget announcements that annual grant funding from governments will continue for current and new projects.

I wish to thank the team (staff and Board) for their assistance and support as Treasurer in what has been another COVID-19 impacted year.

#### **Board of Directors**

(as elected on Wednesday 18 November 2020)

#### John Pauley

#### **President**

(Leave of absence taken from 20 Feb to 29 Jul 2021)

National Policy Council
Representative
Executive Committee
FARM¹ Committee
CRC² Committee
Tas Policy Council
(Chair until Nov 2020)
4 of 6 meetings attended.

#### Philippa Roberts

#### **President**

(term ended Nov 2020)

Executive Committee
FARM¹ Committee
CRC² Committee
Tas Policy Council
3 of 3 meetings attended.

#### Lisa Free

#### Vice President

(Acting President in John's absence)

Executive Committee MC<sup>3</sup> Committee

5 of 6 meetings attended.

#### Treasurer

Executive Committee FARM¹ Committee CRC² Committee

5 of 6 meetings attended.

#### Kate Hiscock

David Strong

#### **Minute Secretary**

(resigned Aug 2021)

Executive Committee FARM¹ Committee MC³ Committee

5 of 6 meetings attended.

#### **Brigid Wilkinson**

#### Minute Secretary

(term ended Nov 2020)

Executive Committee MC<sup>3</sup> Committee

3 of 3 meetings attended.

#### Peta Cook

Tas Policy Council 5 of 6 meetings attended.

#### Carl Cooper

(appointed Feb 2021)

FARM¹ Committee
Tas Policy Council

3 of 3 meetings attended.

#### **Leanne Doherty**

(resigned Feb 2021)

*3 of 4 meetings attended.* 

#### Ian Fletcher

CRC<sup>2</sup> Committee
Tas Policy Council
4 of 6 meetings attended.

#### Robert Hill

MC<sup>3</sup> Committee Tas Policy Council (*Chair from Nov 2020*) 5 of 6 meetings attended.

#### Pip Shirley

CRC<sup>2</sup> Committee

4 of 6 meetings attended.

#### **Debra Thurley**

(appointed Feb 2021)

FARM<sup>1</sup> Committee MC<sup>3</sup> Committee

3 of 3 meetings attended.

<sup>1</sup> Finance, Audit and Risk Management

<sup>2</sup> Constitution Review

<sup>3</sup> Marketing and Communications

#### Staff

#### Sue Leitch

Chief Executive Officer

#### **Deb Lewis**

Operations Manager Senior Policy Officer

#### Natalie Lo

Administration & Finance Officer

#### **Rosalind Herbert**

Project Officer Active Ageing

#### Soula Houndalas

Project Officer Aged Care Know How

#### **Alexis Martin**

Specialist Support Worker Aged Care System Navigator Trial

#### Lyn McGaurr

Project Officer Elder Abuse Prevention

#### **Alex Mummery**

Policy Support Officer

#### **David Rose**

Project Officer Communications and Seniors Week

#### Keree Rose

Project Officer Peer Education

#### **Heather Ross**

Information Hub Project Officer Aged Care System Navigator Trial, North West

#### **Alison Smith**

Information Hub Project Officer Aged Care System Navigator Trial, North

#### **Luke Summers**

Coordinator, Strength for Life, COTA Learning and Staying Strong

#### Margarita White-McColl

Information Hub Project Officer Aged Care System Navigator Trial, South

#### **Brigid Wilkinson**

Project Officer Active Ageing

#### Volunteers

#### **Tas Policy Council**

Peta Cook
Carl Cooper
Ian Fletcher
David Henty
Robert Hill (Chair)
Ngaire Hobbins
Rita Meaney
Kimbra Parker
John Pauley
Philippa Roberts
Mary Sharpe
Pip Shirley

#### **Peer Educators**

#### **SOUTH**

Rhonda Claridge Barry Heather Martin Modinger Peter Orpin Maureen Rudge Susan Walter

#### **NORTH**

David Henty Marion Cassidy Michael Cassidy

#### IT Support

Gerald Englebretsen Peter Orpin Rosa Walden

# Events and highlights

# On the road with COTA

This map shows all of the places we've visited over the year.



180

Instagram followers

(up from 96 in June 2020)

- Beaconsfield
- **Beauty Point**
- Bicheno
- Bridport
- Burnie
- Campbelltown
- Clarence
- Coles Bay
- Cygnet
- Deloraine
- Devonport

- Dodges Ferry
- Dunalley
- Evandale

- Dover
- Fingal
- Geeveston
- Georgetown
- Glenorchy
- Hadspen
- Hobart
- Huonville

- Kettering
- Kingston
- Launceston
- Legana
- Lenah Valley
- Lindisfarne
- Midway Point
- New Norfolk
- Oatlands
- Orford Ouse

- Perth

  - Port Sorell
  - Primrose Sands

Oyster Cove

- Queenstown
- Richmond
- Rosebery
- Scamander
- Scottsdale
- Sheffield
- Smithton

- Sorell
- St Helens
- St Marys
- Strahan
- Swansea
- Triabunna
- Tullah
- Ulverstone
- Westbury
- Wynyard
- Zeehan



#### Seniors Week 2020

Seniors Week in October was the 22nd annual activities program run for older Tasmanians and the 10th run by COTA Tasmania since it took over management from and on behalf of the Tasmanian government.

Seniors Week 2020 was a particularly challenging program to develop and administer due to the COVID-19 pandemic. The program was not given the go-ahead until June - several weeks into the usual production timeline. Because of the pandemic restrictions many traditional event organisers were unable to participate resulting in the lowest number of organisers and events (300) for many years.

Nonetheless, many of the usual favourites were available, including sporting and light exercise events, while creative and information-seeking types were well catered-for.

The pandemic restrictions precluded musical and choral events from proceeding but a number of other entertainment options were available.

COVID-19 travel and social-distance protocols presented challenges for both organisers and patrons during Seniors Week but all involved cooperated with great spirit.

In a bid to give patrons and organisers an opportunity to participate in Seniors Week in some form, online events were introduced for the first time. Thirty events were offered online either standalone or streamed simultaneously with face-to-face events.









Organisers were also provided with specialist tuition and technical assistance through the support of NBN Co. This online initiative allowed many older Tasmanians unable to physically participate, to be part of the Seniors Week program — if only 'virtually'.

In keeping with COTA Tasmania's practice of creating an over-arching theme for each Seniors Week this year's theme was broadly 'antiageism' so we devised the tagline 'Who we are. What we do.' to represent this.

COTA Tasmania gratefully acknowledge our Seniors Week supporters, foremost the Tasmanian Government's Department of Communities, which continues to support COTA Tasmania in presenting the annual Seniors Week program.

We also thank TasNetworks, The Senior newspaper, Metro Tasmania, MerseyLink Coaches and Australia Post — the latter massively enhancing our statewide program availability and distribution process.

We also acknowledge the valuable assistance provided by local government, event organisers, volunteers and COTA members. Without all these valued supporters COTA Tasmania simply could not facilitate this annual activities program for older Tasmanians.







# World Elder Abuse Awareness Day (WEAAD) 2021

On World Elder Abuse Awareness Day (15 June), communities took to the streets in Burnie, Launceston and Hobart to welcome back Walks Against Elder Abuse, following their 2020 cancellation due to the pandemic.

In Launceston and Hobart, the presence of students from Riverside and Kingston High Schools respectively made a powerful statement of intergenerational concern.

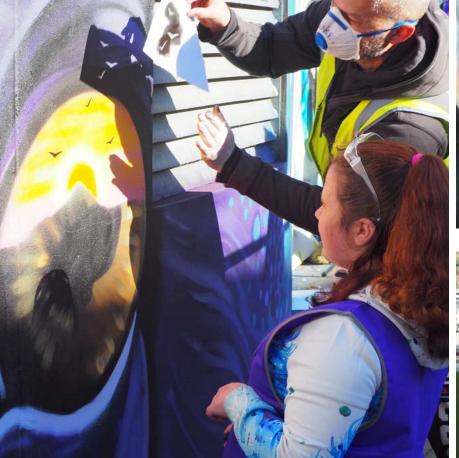
In Hobart, the participation of Karadi Aboriginal Corporation, Working It Out and the Migrant Resource Centre drew attention to the diversity of older Tasmanians and those prepared to stand up for their rights.

The walk returned to Burnie for the first time since 2015, well supported by the women of Hatters to Go whose club colour coincidentally matches the WEAAD theme colour of purple. Burnie walkers were also treated to an exhibition of Ageing My Way.



This year, COVID protocols and associated limits on attendance made registration complex. Despite this, public support was fantastic, with more than 90 people registered in Hobart, more than 60 in Launceston and more than 30 in Burnie. We thank members of the public who braved the cold and demanded action to make change happen now.

COTA is grateful to Hobart, Launceston and Burnie councils for so generously hosting morning teas at the end of each event. We also thank Tasmania Legal Aid, Relationships Australia Tasmania, Advocacy Tasmania, Equal Opportunity Tasmania, Lifeline Chats, aged care providers, Clarence City Council representatives, local and State politicians of all political persuasions, public servants, the Retired Unionists Network and the many other organisations who participated in the bi-partisan events. COTA Tasmania also acknowledges the support of the Tasmanian Government.







# Piecing it Together Glenorchy

Following successful intergenerational street art projects in North Hobart and the Eastern Shore, we were delighted to bring Piecing it Together (PiT) to the northern suburbs at the end of June.

Partnering with the Glenorchy City Council, COTA Tasmania recruited a group of older adults to work alongside Grade 8 and 9 students from Cosgrove High School to develop a piece of street art in Cooper Street, Glenorchy.

Once again, renowned Tasmanian artist Jamin led the project, this time assisted by Luke Emmerton.

The team, known as the 'Pit Crew', came up with the concept of eyes symbolising how we perceive things and how we are perceived — this is especially true in terms of how we perceive people due to their age.

The project will be completed in early July.

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It was a powerful and challenging experience. I wouldn't have missed it for the world — it was a privilege."

66

A great experience for all ages."

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I have had a wonderful time meeting new people and learning new skills. It's been great to collaborate with all ages and design and plan our exciting wall."

# Programs and projects

### Policy, Consultation and Advocacy

COTA's work in this area was dominated this year by the impacts of COVID-19 on older Tasmanians, the finalisation of the Aged Care Royal Commission and the Retirement Income Review.

We advocated strongly for the interests of older Tasmanians throughout the COVID-19 pandemic and provided advice to Government directly and through the Aged Care and Vaccination committees.

COTA Australia and the broader COTA Federation were instrumental in the development of the Industry Code of Practice for Visiting Residential Aged Care Homes. The purpose of the Code is to ensure that older Australians living in residential care have as much protection as possible from COVID-19 while ensuring that their mental health and social connections are maintained throughout the pandemic.

COTA Tasmania has made the following submissions during the financial year:

- State Budget Submission 2021/22
- State Budget Submission 2020/21 supplementary submission
- Premier's Economic and Social Recovery Advisory Committee consultation
- Parliamentary inquiry into the Tasmanian Government's response to COVID-19
- Our Healthcare Futures consultation
- Advance Care Directives Bill 2020

In addition, considered input based on community and Policy Council contributions was provided to the Aged Care Royal Commission both directly and via COTA Australia.

The Tasmanian Policy Council formulated an updated position statement on Climate Change this year and a copy will soon be available on our website.

As an organisation we maintain an active role in reviewing energy issues and their potential impact on older Tasmanians. We participate in the Aurora Community Consultation Forum and the TasNetworks Customer Advisory Group and the Policy and Regulatory Working Group.

We have been listening to older Tasmanians through our work in the community and Meet and Greet Sessions in Launceston. In addition, we have conducted research on Attitudes to Ageing, the impact of COVID-19 and the State of the Older Nation Survey. More information is available on our website.







# Aged Care System Navigator Trial

#### **Funding Partner: COTA Australia**

COTA Tasmania has participated in the extension of the Aged Care System Navigator Trial in this period. The project focuses on supporting vulnerable people and those with complex needs who are accessing aged care for the first time or are transitioning between the Commonwealth Home Support Program, Home Care Packages and/or Residential Aged Care. We were delighted to be able to extend the Aged Care Navigator program to the Northwest region this year and establish a two day a week presence in Burnie, in addition to our Launceston and Hobart hubs.

During 2020-21 COTA Tasmania has delivered the following support to older Tasmanians, their families, and supporters to assist them to navigate the aged care system:

- 37 group information sessions to an audience of 833 people
- 920 instances of individual support, many of which were carried out face-to-face

Feedback from participants in the program has been very positive with the majority finding the support invaluable in navigating the aged care system. We are incredibly fortunate to have a great team of highly skilled staff on the ground delivering this project.

Our partnership with Working It Out continues to be successful and we greatly appreciate the role they play in delivering aged care support to the LGBTIQ+ community in Tasmania.

Toward the end of the period, COTA Tasmania was advised that the trial was likely to be extended through to December 2022 with discussions underway to agree to the scope of the extension.

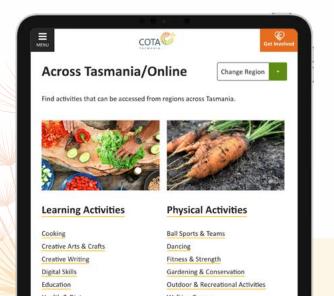
# **Active Ageing**

#### **Funding Partner: Department of Communities**

COTA's work in the Active Ageing space is diverse, partnering with many community organisations on projects alongside ongoing work to raise awareness of the need to support social participation and combat ageism for older Tasmanians. The start of 2021 saw Ros Herbert leave the role to pursue a new career in teaching, with former Board Member Brigid Wilkinson commencing in the role mid-January.

#### Key initiatives this year included:

- Launch of revised Liveable Communities
   Toolkit & Walkability Postcards, with a
   well-attended webinar in August 2020
   and a recent survey of the toolkits use and
   relevance completed in July 2021.
- Revised Age Friendly Business for Everyone graphics, following consultation with community and Council partners. Continued conversations with interested Councils around a pilot of the resources with local businesses, delayed due to COVID.
- COVID community conversations —in March/April 2021 we visited 4 community organisations in rural areas to gain insights into older community members experiences of COVID-19.
- In late June we completed our third successful Piecing It Together intergenerational street art project in Glenorchy, this time partnering with a local high school and doubling participant numbers.





All Ages: Business for

- Visit to the East Coast in April, connecting with community and health organisations and delivering COTA's resources.
- Intergenerational mosaic workshop with Regis Aged Care, Eastside Lutheran College and Warrane Community Garden, with ongoing connection and further activities planned.
- Commenced planning for an intergenerational street libraries project in the Derwent Valley, a collaboration with Salvation Army Communities for Children.
- Projects in planning phase with Mental Health Families and Friends (Mental Health Week initiative) and Women's Health Education Network (W.H.E.N) who will be running focus groups on women's health issues and developing resources with over 60s in mind.
- Updated graphics and posters to promote our Community Activities and Events webpage. We are also working to upgrade the functionality of the webpage and encouraging use of the page by health providers, linking to concepts of social prescribing.





### **End of Life Planning**

#### **Funding Partner: Tasmanian Department of Health**

In 2020 we were successful in attracting funding to develop End-Of-Life Planning resources to raise awareness among older Tasmanians and their family and supporters of the four primary documents (Wills, Power of Attorney, Enduring Guardianship and Advance Care Directives) and their respective role in making your preferences known at end of life. This project was delayed due to the impact of COVID-19 but completed in this period.

Bill Godfrey was a key driver of this project and contributed the content on which the resources have been built.

Our thanks go to Bill for both the inspiration for the project and his enormous effort in compiling the End-of-Life Planner which is now available on our website and in hard copy.

In addition to the planner, the project has funded the delivery of webinars and peer education information sessions to share the information as widely as possible.



# COVID Community Support Project

#### **Funding Partner: Department of Communities**

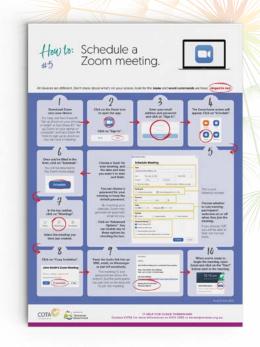
COTA continued to roll out activities to help older Tasmanians feel more informed and able to remain connected to their community during the COVID-19 pandemic. A primary consideration in delivering this project was the need to provide information in a range of ways that met the diverse needs of older Tasmanians.

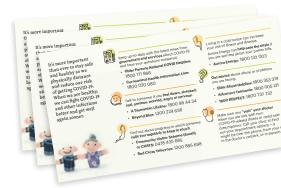
Funding from this project enabled us to print and distribute large quantities of resources developed to inform, empower and enable older Tasmanians to stay connected in a time when they were experiencing significant changes to their usual way of life.

Highlights of this project included:

- 15,035 Stay Safe During COVID-19 postcards were distributed to older Tasmanians.
- 2,600 copies of each suite of How to Zoom and How to Messenger help sheets were distributed.
- Living Well at Home suite of resources developed including Eating Well at Home, Living Well at Home and Staying Strong with over 11,000 copies distributed.
- Tassie Kindness Connection social media campaign was launched to encourage Tasmanians to continue showing kindness to others outside their immediate circle of contacts.

We greatly appreciated the opportunity to work closely with the Department of Communities on this important project.







# Commonwealth Home Support Program — Sector Support Project

Funding Partner: Department of Health (Australian Government)

Living Well at Home (Aged Care Know How) continues as the major work theme in this program. Our Project Officer delivered a 'well-being toolkit' (co-designed with community and stakeholders) to make wellness and reablement concepts more accessible for older Tasmanians who engage with the aged care system.

The tool-kit comprises a community information session combined with a workshop and two brochures, one of which contains a wellness checklist. In seeking to embed wellness thinking and practice, a complimentary 'tailored' information session was designed for service providers, assessors and other stakeholders. This tailored session also refers to the 'toolkit' and aims to unite both parties' wellness and re-ablement approach.



The Living Well at Home toolkit aims to:

- embed 'wellness and reablement' thinking in the community
- equip people to decide and plan to increase their wellbeing
- explain systems and concepts in aged care assessment and the delivery of services
- enable more 'equal' conversations between older clients, service providers and health professionals

The following support was delivered through this project:

- Despite the substantial impact of COVID-19
   on social gatherings, 17 presentations were
   made, 9 for community groups with a further
   8 for service provider networks. 8 of 9
   community information sessions were held
   face to face with only one session held online.
   For service providers and stakeholders,
   4 of the 8 presentations were held online.
- A total of 6,270 Living Well at Home brochures were distributed in this period.
   Of this total 1,100 brochures were distributed in Italian, Greek, Chinese and Nepali to targeted communities with 275 brochures in each language. The initial print run of 5,000 Living Well at Home brochures was quickly exhausted and a further print run was ordered with support from the Tasmanian Government.
- More than 15 partnerships were established (or built upon) by providing information sessions, resources and offers of ongoing support. In the Southern region, the statewide organisations were ACAT, ACSA, Migrant Resource Centre Tas, TasCOSS and the THS.

- The 9 community group presentations attracted 278 participants in total. A further 167 people attended the 8 service provider presentations, either in person or online. Pleasingly, presentations to service providers often lead to enquiries to conduct community information sessions. The majority of feedback came from community participants and was overwhelmingly positive: 98% of respondents rating the sessions either 4 or 5 out of 5 (very good or excellent) with 87% rated at 5 (excellent).
- 1,348 other related brochures, workshop tools, and Aged Care Know How help sheets were provided to a mix of clients, volunteers, and community organisations.
   A lesser portion of the total went to service providers who attended a state-wide CHSP forum.

The Living Well at Home program has been applauded by many older Tasmanians and stakeholders with overwhelmingly positive feedback indicating increased awareness of aged care options, increased client confidence and capacity to interact with assessors, service providers and health stakeholders.

### 66

... lots of information that's new and useful to me. I now know how to reach out for support"

#### 66

... presentation was a great success ... all our client feedback strongly suggests a desire for more conversations that matter"



### **COTA Learning**

COTA Learning is an online learning platform for people working with older Australians. It is a collaboration between COTA Australia, COTA New South Wales, COTA Tasmania and COTA Victoria.

The revenue generated from COTA Learning will go towards supporting the charitable activities of COTAs in representing the rights and interests of older Australians.

The first courses to launch on COTA Learning, in June 2021, were the new Living Longer Living Stronger instructor accreditation courses for New South Wales, Tasmania and Victoria.

COTA Tasmania will be responsible for the management of both the online site and financial administration of the program.

#### **Elder Abuse Prevention**

#### **Funding Partner: Department of Communities**

COTA Tasmania's work to prevent elder abuse was enlivened in 2020-2021 by three important partnerships and the extension of activities under an existing partnership:

- COTA Tasmania continued to work with Elder Abuse Action Australia as co-host of the seventh National Elder Abuse Conference, which will be held in Hobart in February 2022. In the 2020-2021 financial year this entailed significant conference planning as well as co-delivery of two pre-conference online public forums.
- An MOU with Relationships Australia
   Tasmania was finalised, allowing warm
   referrals of callers experiencing or
   concerned about elder abuse or wishing
   to seek assistance to have difficult
   conversations with family.
- With the support and encouragement of the Burnie City Council, COTA Tasmania's annual Walks Against Elder Abuse were extended to Burnie, resulting in the walks being held in all three Tasmanian regions simultaneously for the first time.
- Under an existing MOU with Tasmania Legal Aid (TLA), COTA Tasmania and TLA's Senior Assist service for people experiencing or at risk of elder abuse extended free legal clinics to Launceston. These clinics have been running in Hobart since 2017.

Another highlight of the year was an hour-long interview about elder abuse prevention and World Elder Abuse Awareness Day with Edge Radio's Chinese language radio program, which has an audience of 2,000 in Tasmania and beyond. This opportunity was facilitated by an exceptional young volunteer from the Chinese community, Leo Zhang.

COTA Tasmania also gave input into elder abuse prevention policy as a member of the Statewide Elder Abuse Prevention Advisory Committee (SEAPAC) and three of its working groups.

#### Related activities included:

- Consulting within representatives of the legal and community sectors and engaging closely with COTA Tasmania's Policy Council to understand needs and challenges related to Enduring Powers of Attorney in Tasmania.
- Participating in a research consultation by Prevention of Elder Abuse Tasmania.
- Contributing to multiple networking meetings on elder abuse issues hosted by Equal Opportunity Tasmania.
- Giving feedback on communications initiatives being undertaken by TLA's Senior Assist service as part of a workshop hosted by that program.
- Hosting informal meetings to facilitate knowledge sharing among partner organisations.

On 16 June 2021 COTA Tasmania was advised that the Senior Rights and Elder Abuse Prevention Funding Agreement had been extended to 31 December 2021.



# Staying Strong

#### **Funding Partner: Healthy Tasmania**

COTA Tasmania was successful in our application for a Healthy Tasmania Fund Grant in Round 2. The *Staying Strong — Health and Fitness for Older Tasmanians* project is funded for a period of two years, commencing 1 June 2021 and concluding 30 June 2023.

The funding will allow COTA Tasmania to undertake a range of activities that will have positive impacts on the health and wellbeing of older Tasmanians, including the *Living Longer Living Stronger* program.

The purpose of the Staying Strong project is to increase the health and wellbeing of older Tasmanians through engagement in regular, affordable fitness programs that are accessible at home or through local groups.



### Living Longer Living Stronger

Funding Partner: Sports Australia (via COTA Australia)

A strength and balance training program for older adults was first introduced in Tasmania as Strength for Life in 2019-20. During this period, the Australian and Tasmanian governments implemented a range of measures to slow the spread of Coronavirus (COVID-19), including restrictions on activities in the fitness industry. The roll out of the program was significantly impacted by the COVID-19 pandemic.

From 2021, COTA Tasmania joined forces with COTA Victoria and COTA New South Wales under the Living Longer Living Stronger brand, with an enhanced program offering and revitalised branding.

The new program allows for greater flexibility in delivery, such as online training of instructors. The instructor accreditation course was also redeveloped with updated content and resources accessible through the COTA Learning website.

The new instructor accreditation course has been endorsed by the peak body for the fitness industry, Fitness Australia.

Administration has also been streamlined under the new program. For example, automated payment processing and invoicing was introduced for instructor accreditation courses, and online forms were developed for provider accreditation and reporting.

Funding under the Healthy Tasmania Fund Round 2 will allow COTA Tasmania to deliver the enhanced strength and balance training program. The first accredited provider, located in Hobart, is scheduled to commence Living Longer Living Stronger sessions in the first quarter of the 2021-22 financial year.

#### Peer Education

In 2020–2021, following the initial COVID-19 outbreak and the subsequent success Tasmania has had in preventing COVID-19 outbreaks across the Tasmanian community, older Tasmanians are now beginning once again to embrace peer education.

Over the last 12 months, the Tasmanian Health Service has also consolidated a successful information program, *Live Well Live Long*, delivering information sessions to the communities of Clarence, Glenorchy, Kingston, Ouse, Launceston and Triabunna. Through this initiative we have regularly delivered the information modules of *Eat for Life* and *Protecting Your Finances from Abuse and Scams*.

32 information sessions were delivered to 464 older Tasmanians across the three regions by a team of 9 volunteer Peer Educators.

Organisations had the choice of four Information Modules:

#### **Home Fire Safety**

#### **Funding Partner: Tasmania Fire Service**

This was delivered for the sixth consecutive year

- 5 information sessions delivered
- 264 participants

#### Eat for Life

#### **Funding Partner: Department of Communities**

Based on information from dietitian Ngaire Hobbin's book, *Brain*, *Body*, *Food*.

- 9 information sessions delivered
- 132 participants

# You're Worth It — Protecting Yourself from Abuse

#### **Funding Partner: Department of Communities**

- 6 information sessions delivered
- 90 participants

# You're Worth It — Protecting Your Finances from Abuse and Scams

#### **Funding Partner: Department of Communities**

- 12 information sessions delivered
- 176 participants



#### **IT Information Sessions**

In the past financial year, both Aurora Pty Ltd and the Department of State Growth supported COTA Tasmania with funds to deliver a comprehensive IT Information model to older people in Tasmania.

#### This included:

- A fortnightly IT clinic at Westella.
- IT Pop Up stalls held across Tasmania offering one on one mentoring.

Through the program we assisted 127 older Tasmanians with their IT equipment. We also recruited and trained 15 IT Mentors across the East and West Coasts. This will ensure the sustainability of the project.

IT Mentors now situated in 18 Community Groups across the state:

- Mt Black Mens Shed, Rosebery
- Swansea RSL
- Swansea Online Access Centre
- Swansea General Community
- 'The Village' Triabunna
- May Shaw Nursing Home
- Coles Bay general locality
- Fingal Neighbourhood House
- Fingal Online Access Centre
- St Helens Online Access Centre
- St Marys Men's Shed
- Break O'Day Choir
- · Hub 4 Health Gym, St Helens
- Break O'Day Spinners and Weavers
- St Marys Op Shop
- St Marys Library
- Mathers House
- Huon Hub





Thanks to you all for coming to Swansea yesterday. This is just what we need and I hope that COTA can do it again before long"

-Margaret G

66

Thank you so much to COTA and the vollies for this program ... It is really helpful to get answers to my particular questions face to face. It helps me so much and I don't feel like I am holding up others in a group. I am very impressed with the programme."

—Jane T

#### Seniors Week

#### **Funding Partner: Department of Communities**

Seniors Week was held 12-18 October for the 22nd consecutive year with an over-arching anti-ageism theme and tagline 'Who we are. What we do.'

- The COVID-19 pandemic dramatically affected the initial program development and eventually, event organiser numbers
- Despite the reduced event development and registration period, the program attracted 120 organisers, who conducted 270 separate events — about 30% down on 2019). Geographically, the events were split 56% South, 17% North/East and 27% North West/West.
- 35 events were offered online for the first time for those unable to travel or physically participate
- The official launch event was conducted entirely online for the first time and was well attended and highly praised
- An estimated 4000 people attended events statewide (compared to est. 10,000 in 2019)
- Free travel was available to eligible seniors during the week on Metro and MerseyLink buses





# State of the Older Nation

The Focus on Tasmania — State of the Older Nation 2021 report draws on the second COTA Federation State of the Older Nation (SOTON) Report research conducted by Newgate Research in February 2021.

We recognise the issues associated with conducting a survey online when older Tasmanians are among the most digitally excluded groups in the country. Notwithstanding this fact, the report provides valuable insights about the experience

of older Tasmanians and the changes in their views of life between 2018 and 2021. It allows us to hear the voice of older Tasmanians on a wide range of issues and highlights areas that need ongoing advocacy and action. As such, the report will inform policy debates now and into the future.

The following summary is provided. The full report can be found on our website www.cotatas.org.au

### Report at a glance

#### Health

**58%** 

have private health insurance with the majority of them having both hospital and extras cover (51%)



54%

do at least two hours of exercise per week, significantly less than in 2018 (56%)



#### Elder abuse

3%

have personally experienced elder abuse



know someone else who has experienced it



#### Financial security

56% feel fairly secure about their finances being able to meet their needs throughout the rest of their lives (rating 7 or more out of 10) but **26%** feel insecure (rating 0-4)



have one or more vulnerability indicators\*, unchanged since 2018 (49%) and **13%** have overdue bills due to payment difficulties (compared to 11% in 2018)



\*Vulnerability metric is a composite measure of having one or more of the following: a low personal annual income (\$1 - \$30k per capita), a disability, speaking a language other than English, identifying as Aboriginal or Torres Strait Islander, experienced domestic violence, bereavement or homelessness in the past year.

#### Sentiment about the future

feel positive about what the future holds for them personally in the next year year or two, but this has declined significantly since 2018 (74%)



say things are getting worse for their generation (38% in 2018). More than the 24% who feel things are getting better (23% in 2018)



#### Age related discrimination

have experienced some form of agerelated discrimination



have experienced employment-related discrimination since turning 50



### **Employment**

of those aged 65 have retired, while nearly a quarter (24%) of employed 65-69 year olds would like more paid work



of those still working do not think they will ever retire (23% in 2018)



#### Quality of life

feel younger than their age, but this is significantly lower than in 2018 when 78% said they felt younger than their age



74% rate their quality of life highly (7 or more out of 10) which is slightly lower than 2018 (80%)



#### Voluntary assisted dying

82% support voluntary assisted dying



**59%** would look into this as an option for themselves



#### Social isolation and loneliness

21% say they have felt lonely at least some of the time in the past few weeks



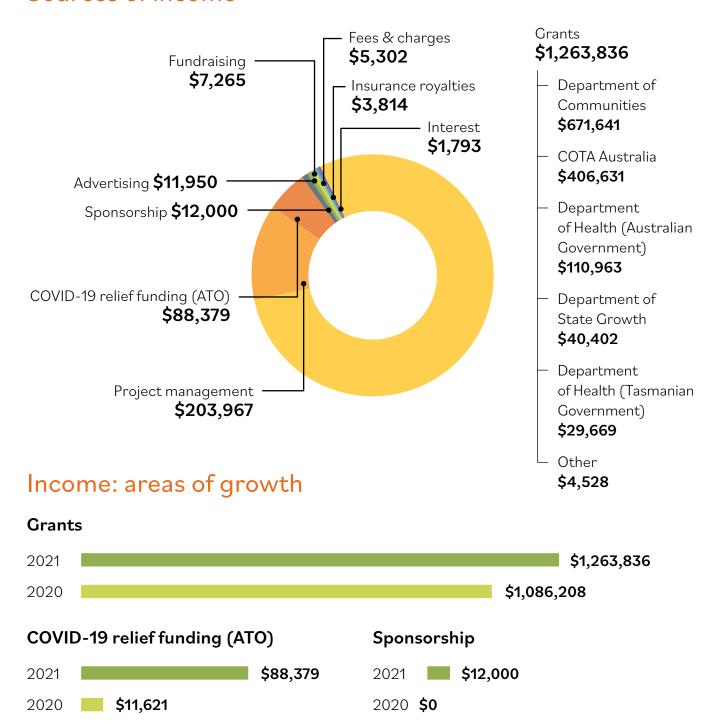
3%

had no contact with anyone in the preceding week



# Financial statements 2020-21

#### Sources of income



# Statement by members of the Board



COTA TAS 'Westella' 181 Elizabeth St Hobart TAS 7000

www.cotatas.org.au ABN 71 718 804 307 P: (03) 6231 3265 admin@cotatas.org.au

#### Financial declaration for Responsible Person

#### Financial year ending 30 June 2021

In accordance with section 60.15 of the *Australian Charities and Not-for-profits Commission Regulation 2013*, the Directors of the Board declare that in their opinion:

- a. there are reasonable grounds to believe that the registered entity is able to pay ail of its debts, as and when they become due and payable; and
- b. the financial statements and notes satisfy the requirements of the Australian Charities and Not-for-profits Commission Act 2012.

Signed in accordance with subsection 60.15 (2) of the Australian Charities and Not-forprofits Commission Regulation 2013.

Signed on behalf of the Board by:

David Strong Treasurer

**COTA Tasmania** 

Date this day of Dicher 2021

# Statement of financial position

as at 30 June 2021

	2021	2020
Current Assets		
Cash at Bank, on Hand	36,437	29,588
Bond	8,448	7,990
GST Due from ATO	22,711	6,581
Petty Cash	100	100
Term Deposits	449,246	473,337
Receivables	17,694	67,694
TOTAL CURRENT ASSETS	534,635	585,291
Non Current Assets		
Computers at Cost	15,934	15,934
Deduct Provision Depreciation	(15,934)	(15,934)
Motor Vehicles at Cost	55,643	32,229
Additions	31,862	23,414
Deduct Provision Depreciation	(19,866)	(14,757)
TOTAL NON CURRENT ASSETS	67,639	40,887
TOTAL ASSETS	602,274	626,178
Deduct Current Liabilities		
Payroll Liabilities	26,520	19,913
Provision Employee Entitlements	56,458	49,873
GST Due to ATO	25,587	22,322
Unexpended Project Funds	184,719	310,464
TOTAL CURRENT LIABILITIES	293,284	402,571
Non Current Liabilities		
Provision Employee Entitlements: Long service leave	104,839	87,885
TOTAL NON-CURRENT LIABILITIES	104,839	87,885
TOTAL LIABILITIES	398,123	490,456
NET ASSETS	204,151	135,722
Envitor		
Equity  Accumulated Funds Brought Forward	175 700	105,941
Accumulated Funds Brought Forward  Net Surplus for Year	135,722 68,429	29,781
TOTAL EQUITY	204,151	135,722
IOTAL EQUIT	204,131	133,722

# Statement of financial performance

for the year ended 30 June 2021

	2021	2020
Income		
Grants		
Department of Communities	671,641	461,966
COTA Australia	406,631	262,457
Department of Health (Australian Government)	110,963	125,969
Department of State Growth	40,402	59,130
Department of Health (Tasmanian Government)	29,669	79,911
Funding - other	4,528	81,552
Tas Fire Service	-	15,223
Total Grants	1,263,836	1,086,209
Other Income		
Project Management	203,967	210,743
COVID-19 Relief Funding (ATO)	88,379	11,621
Sponsorship	12,000	-
Advertising	11,950	8,684
Fundraising	7,265	7,151
Fees & Charges	5,302	5,000
Insurance Royalities	3,814	4,223
Interest	1,793	1,415
Total Other Income	334,470	248,837
TOTAL INCOME	1,598,305	1,335,046

	2021	2020
Deduct Expenses		
Salaries	803,614	738,066
Management fees	206,967	215,874
Consultancies	106,283	52,625
Advertising, Promotion	84,614	64,156
Superannuation	72,306	65,369
Rent	53,598	45,717
Computer	37,056	12,721
Minor equipment	24,164	12,912
Volunteer Expenses	15,988	7,364
Postage, Freight	14,884	11,327
Insurance	13,700	9,589
Governance	12,223	6,903
Training	11,980	2,970
Telephone	11,000	9,864
Subscriptions, Membership	8,216	5,193
Printing, Stationery	7,806	8,009
Motor Vehicle	7,564	7,139
Travel, Accommodation	7,008	11,769
Health & Safety	6,268	950
Depreciation	5,110	2,051
Cleaning, Pest Control	4,302	-
Sundry Expenses	3,424	2,549
Client Support	3,215	2,683
Utilities	2,566	3,626
Audit	2,065	2,025
Equipment hire, lease	2,029	2,029
Meetings	1,929	1,785
TOTAL EXPENSES	1,529,877	1,305,265
NET PROFIT	68,429	29,781
112.1110111	00,723	25,701

# Statement of cash flows

for the year ended 30 June 2021

	2021	2020
Cash Received from Operations		
Receipts from Grants	1,263,836	1,086,209
Receipts from other sources	368,341	374,849
Deduct Expenditure on Suppliers and employees	(1,617,100)	(1,290,395)
Cash Surplus from Operations	15,076	170,663
Cash Used in Investing Activities		
Bond Paid	(458)	-
Purchase of Motor Vehicle	(31,862)	(23,304)
Cash Deficit from Investing	(32,320)	(23,304)
Net cash increase (reduction) for the year	(17,243)	147,359
Balance at start of year	503,026	355,667
Balance at end of year	485,783	503,026
Made up by:		
Cash at Bank	36,537	29,688
Deposit	449,246	473,338
	40	
Total cash at year end	485,783	503,026

# Result for Year is reconciled to cash surplus from operations as follows:

Operating Deficit for the year	68,428	29,781
Changes in non-cash items		
Depreciation	5,110	2,051
Employee entitlements	23,540	41,940
Payroll liabilities	6,608	8,775
Unexpended funds	(125,745)	(21,865)
Sundry debtors	33,871	126,012
Sundry creditors	3,266	(16,032)
Cash Deficit from Operations	15,077	170,663

# Statement of change in equity

for the year ended 30 June 2021

	Retained surplus (\$)
Balance 1 July 2019 brought forward	105,941
Surplus for the year	29,781
Balance as at 30 June 2020 carried forward	135,722
Balance 1 July 2020 brought forward	135,722
Surplus for the year	68,429
Balance as at 30 June 2021 carried forward	\$204,151

#### Notes to the financial statements

for the year ended 30 June 2021

#### 1 Basis of Preparation

#### 1.1 STATEMENT OF ACCOUNTING POLICIES

The financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 1964, the requirements of the Association's Constitution and the requirements of the Australian Charities and Not for Profits Commission. The Board of Governance has determined that the Association is not a reporting entity as defined in Statement of Accounting Concepts 1: Definition of the Reporting Entity. The Association has however, prepared the financial report in accordance with the Australian Accounting Standards and the Reduced Disclosure Requirements.

The Council on the Ageing (Tasmania) Inc. is a not-for-profit entity for financial reporting purposes under the Accounting Standards.

#### 1.2 BASIS OF PREPARATION

The financial statements, other than the statement of cash flows, has been prepared on an accruals basis and are based on historical costs and do not take into account changing money values or, except where stated, current valuations of non-current assets. Cost is based on the fair value of the consideration given in exchange for assets.

#### 1.3 CHANGES IN ACCOUNTING POLICIES

Accounting policies adopted are consistent with prior years.

#### 2 Significant accounting policies

The following significant accounting policies have been adopted in the preparation of these statements and are consistent with prior years unless otherwise stated.

- AASB 101 Presentation of Financial Statements
- AASB 107 Statement of Cash Flows
- AASB 108 Accounting Policies, Changes in Accounting Estimates and Errors
- AASB 1048 Interpretation of Standards
- AASB 1054 Australian Additional Disclosures.

#### 3 Income Tax

No provision for income tax has been raised as the Association is exempt from income tax under Div. 50 of the Income Tax Assessment Act 1997. The Association holds deductible gift recipient status.

#### 4 Goods and Service Tax (GST)

Revenue, expenses and assets are recognised net of the amount of GST, except where the amount of GST incurred is not recoverable from the Australia Taxation Office (ATO).

#### 5 Cash and Cash Equivalents

Cash and cash equivalents include cash on hand and at bank and deposits held at call with banks.

#### 6 Revenue

Revenue comprises income from the sale of services, government grants, client contributions and donations.

Revenue is recognised when the amount of revenue can be measured reliably, collection is possible, the costs incurred or to be incurred can be measured reliably.

#### 7 Property

Motor vehicle assets are bought to account at cost less any accumulated depreciation. The carrying amount of fixed assets is reviewed annually to ensure it is not in excess of the recoverable amount of these assets. The recoverable amount is assessed on the basis of expected net cash flows which will be received from the assets employment and subsequent disposal. y accumulated depreciation.

Movements in carrying amounts	;
Balance at 1 July 2020	55,643
Additions	31,862
Depreciation	(19,866)
Carrying amounts at the end of the year	67,639

#### 8 Depreciation

The depreciable amount of all fixed assets are depreciated on a straight line or a diminishing value basis over the useful lives of the assets to the Association commencing from the time the asset is held ready for use.

The rate of depreciation on the motor vehicle is 10%.

#### 9 Employee Benefits

#### 9.1 SHORT-TERM EMPLOYEE BENEFITS

Short term employee benefits are benefits, other than termination benefits, that are expected to be settled within twelve (12) months after the end of the period in which the employees render the service. A liability is recognised for the amount expected to be paid if the Association has a present or constructive obligation to pay this amount as a result if past service provided by the employee and the obligation can be estimated reliably.

#### 9.2 OTHER LONG TERM EMPLOYEE BENEFITS

Provision is made for the organisation's liability for employee entitlements arising from services rendered by employees to balance date. Policy is to accrue 0% of long service leave for casual employees with less than 12 months of service. For other staff long service leave provisions are accrued on the basis of 2.5% per annum. The allocation is reviewed annually.

#### 10 Economic Dependence

Although there is no reason to believe that funding will cease, the ongoing viability of the Association as a going concern is dependent on continued grant funding.

#### 11 Auditor payments

Payments to the auditor were \$2,065 in 2021 and \$2,025 in 2020. No other payments were made in either year.

#### Auditor's Statement



ABN 40 322 767 816

Principal: Rendell W Ridge B.Ec Registered Company Auditor #161503

Independent auditor's report

To members of the Council on the Ageing (Tasmania) Inc.

I have audited the special purpose financial report of the Council on the Ageing (Tasmania) Inc. for the year ended 30 June 2021.

**Audit Opinion** 

In my opinion, the special purpose financial report of the Council on the Ageing (Tasmania) Inc presents fairly in accordance with applicable Accounting Standards and other mandatory professional reporting requirements in Australia the financial position of the Association as at 30 June 2021 and the results of its operations for the year then ended.

In my opinion, the financial report has been prepared in accordance with the requirements set down in Division 60-45 of the Australian Charities and Not-for-profits Commission Act 2012 (as amended).

Management Committee's Responsibility for the Financial Report

The Management Committee is responsible for preparation and fair presentation of the special purpose financial report and information contained therein. This responsibility includes establishing and maintaining internal controls relevant to preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Auditor's Responsibility

My responsibility is to express an opinion on the financial report based on my audit. I have conducted my audit in accordance with Australian Auditing Standards to provide reasonable assurance as to whether the accounts are free of material misstatement. My procedures included examination, on a test basis, of evidence supporting amounts and other disclosures in the accounts, and the evaluation of accounting policies and significant accounting estimates. These procedures have been undertaken to form an opinion as to whether, in all material respects, the financial statements are presented fairly in accordance with Australian Accounting Concepts and Standards and other mandatory professional reporting requirements (Urgent Issues Group Consensus Views) (where applicable), and statutory requirements so as to present a view which is consistent with my understanding of the Association's financial position and the results of its operations and cash flows.

I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit

Independence

To the best of my knowledge and belief, there has been no contravention of auditor independence and any applicable code of professional conduct in relation to the audit.

It is not practicable to establish complete accounting control over all transactions processed by the Association from all of its activities. Verification therefore has been limited to the transactions recorded in the Association's financial records.

MAX PECK & ASSOCIATES

Rendell W. RIDGE 3 August 2021

Office

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Mobile 0419 588 575

Postal address P.O. Box 680, Sandy Bay, Tasmania 7006 Fax 03 6231 4967 Email rwridge@maxpeckassoc.com





### COTA TAS Inc.

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