

# Seniors Week

13-19 OCT 2025

Celebrating a respectful, age-friendly island



## Lemonade Scones

This recipe is courtesy of the Warrane Mornington Neighbourhood Centre.



10 servings ( ) 25 minutes



### INGREDIENTS

- 3 1/2 cups SR flour, plus extra for dusting
- 1 cup thickened cream (not whipped!)
- 1 cup lemonade

#### NOTES

\*TIP: Push the cutter straight up and down, do not twist. Flour the cutter in between so the dough doesn't stick. I usually get 6 out of the first batch, then I combine and pat out the offcuts to make another 3 - 4.

#### INSTRUCTIONS

- 1. Preheat oven to 200°C/300°F (180°C fan) line tray with baking/parchment paper.
- 2. Combine the flour, cream and lemonade in a bowl, and mix until the flour is mostly combined. Do not over-mix, it will make the scones dense! The dough should be soft and fairly sticky.
- 3. Turn out onto a floured surface and knead gently just 3 - 5 times to bring the dough together, gently pat it into a disc shape 2.5cm/1" thick.
- 4. Use a 6cm/2.5" round cutter to cut rounds - press straight up and down (don't twist). flour cutter in between
- 5. Use a knife or something similar to scoop up (avoid touching sides) and place them on a tray, slightly touching each other (they help each other rise).
- 6. Brush the tops lightly with milk.
- 7. Bake for 15 minutes until golden on top. Place on rack to cool Place a tea towel over them to stop the tops from getting crusty.
- 8. Serve with cream and jam.