



Council on the Ageing (COTA) Tasmania

# Care Finder

Are you or someone you know struggling to access Aged Care services and have no one to help?

COTA Tasmania's Care Finder program is a free and friendly community service. We offer guidance through the Aged Care system for those experiencing challenges and have circumstances that make it more difficult to navigate alone. We are here to work alongside you to access Aged Care and other support services.

Connect with us at:

# 1800 518 048

[carefinder@cotatas.org.au](mailto:carefinder@cotatas.org.au)  
[cotatas.org.au/get-support/care-finder](https://cotatas.org.au/get-support/care-finder)



This program is supported by Australian Government funding through Primary Health Tasmania (Tasmania PHN).



Asking for help for myself

Enquiry form:



1800 518 048

Asking for help for someone else (with consent)

Client referral form:



1800 518 048



What if I or my client/friend doesn't speak English?

COTA Tasmania Care Finders use the Translating and Interpreting Services (TIS). Translated Care Finder materials can be found here:



Our Care Finder team is well trained in safe and inclusive practices.



[myagedcare.gov.au/help-care-finder](https://myagedcare.gov.au/help-care-finder)

