



Live longer, live stronger

Participant fee caps and accreditation fees

Strength for Life instructor accreditation

The course fee is \$275 (inclusive of GST). This is a significantly reduced rate being offering during the initial program roll out in Tasmania.

Strength for Life provider fee

The annual provider fee is \$275 GST inclusive.

The annual mobile provider fee is \$99 GST inclusive.

This is not an ongoing license fee payable per month or class, as is the case for some other fitness programs, but rather a small fee to be paid once a year.

These fees may be subject to change following the initial roll out in Tasmania, to ensure sustainability of the program, but we will always ensure that the program is cost effective for our providers.

Definitions:

A provider has operational control over the facility at which they deliver the sessions, whether that is through direct ownership of the building(s) or as leasee of the premises.

A mobile provider has no operational control of the facility or facilities in which they deliver the sessions. They may hire the premises on a short term basis or use the space free of charge.

Our mobile provider fee is a reduced rate recognising that sole traders and contractors do not have the same resources or economies of scale to cover their operational costs, including program licensing fees.

Caps on participant fees

Per session fees are capped to ensure that participants have affordable access to strength and balance training.

Fees charged by providers must remain at or below these caps.

As long as fees are within the caps, the pricing structure is up to each provider. Providers can charge a per session fee, weekly or monthly fee, or even include Strength for Life sessions as part of a membership plan.

Session fee caps

The tier 1 cap per session (per participant) is \$15.

The tier 2 cap per session (per participant) is \$10.

Session fee caps: assessments

The participant assessments have a higher cap, in recognition of the greater resourcing cost for conducting a one-on-one assessment.

The tier 1 cap per assessment is \$85.

The tier 2 cap per assessment is \$60.

Want more information about the program?

For more information about the Strength for Life program, head to our website:

www.cotatas.org.au/sfl



Strength for Life is expanding across Australia through the support of the Australian Government's Move It AUS – Better Ageing Grant Program.